

CARNEGIE HARRIERS MEMORIAL RACE

Under UK Athletics rules and a Scottish Athletics Permit event

KNOCKHILL RACING CIRCUIT by DUNFERMLINE

TUESDAY 5 August 2014 at 7.30 pm*

Organised by Carnegie Harriers Running Club in memory of former running friends who passed away before their time

- Race limit – 250 runners
- Minimum age for competitors is 15 years on the date of the event
- The race involves three complete circuits of Knockhill Racing Circuit – total distance 3.9 miles
- Online race entry at EntryCentral – www.entrycentral.com
- Pre-race entry fee – £5.00 (SAL members); £7.00 (non-SAL members)
- Closing date for pre-race entries is Saturday 2 August if race limit is not reached by then
- Entries on the night (if race limit not reached) – £7.00 (SAL); £9.00 (non-SAL)

Please note that all proceeds from the race will be donated to a charity selected by members of Carnegie Harriers in advance. Information on the charity will be available on the club website alongside the race information.

- All race numbers to be collected on the evening of the event between 6 pm and 7.30 pm
- A free buffet, teas, coffees and juice will be available after the race within the cafeteria

Open awards to 1st three males, 1st three females, 1st M40, 1st F40, 1st M50, 1st F50, 1st M60, 1st F60, 1st M70, 1st MJ (under 20), 1st FJ (under 20). A number of awards specific to Carnegie Harriers runners will also be made.

Postal entries may be sent to: Carnegie Harriers Memorial Race, 2 Meadowend, Crossford, Dunfermline, Fife KY12 8YF (cheques payable to Carnegie Harriers)

Further details are available at www.carnegie-harriers.co.uk

* Race start time may be slightly later depending on commercial bookings of the track

Please enter me for the **CARNEGIE HARRIERS MEMORIAL RACE** on Tuesday 5 August 2014 at 7.30 pm (Please make cheques payable to Carnegie Harriers)

Forename: Surname:.....

Address:

Postcode: Telephone: Date of birth:

Email:

Club: SA membership number: SA.....

Category: (please tick) M (20-39) ___ M40+ ___ M50+ ___ M60+ ___ M70+ ___ MJ (under 20) ___ F (20-39) ___ F40+ ___ F50+ ___ F60+ ___ FJ (under 20) ___

I confirm that the details are correct. I am medically fit to compete and I will not hold the race organisers, Carnegie Harriers, or Knockhill Racing Circuit responsible for any injury, illness or loss to my person or property.

Signature:..... Date: