

DEVILLA FOREST 5

RACE INFORMATION

The **Devilla Forest 5** is a trail race taking place from the Scottish Police College at Tulliallan, Kincardine on **Sunday 8th February 2015**. The race is organised by Carnegie Harriers running club.

The Devilla Forest 5 is 5km (3.1 miles) and will start just after the Devilla 15 at **11.05am**.

The race entry fee is £5.00 (Scottish Athletics Members) and £7.00 (non-SAL Members).

Please note: These races are strictly PRE-ENTRY only, with NO ENTRIES TAKEN ON RACE DAY. Race Numbers and timing chips are to be collected on the day at the Assembly Hall within the Scottish Police College from 9.00am.

RACE START POINT:

The race will start and finish within the grounds of the Scottish Police College. Please follow directions from the Recreation Hall on the day.

THE COURSE:

The Devilla Forest 5 follows a relatively flat 5KM circular loop around the Moor Loch which is in Devilla Forest. Ground conditions vary from boggy to hard packed!

The route is predominantly trail but suitable for ordinary trainers or trail shoes (not suitable for spikes). The course will be fully marshalled. The safety of all is paramount and it is a condition of entry that competitors must follow the instructions of the marshals at all times.

PARKING:

Car Parking is available within the grounds of the Scottish Police College. Please follow directions on the day.

CHANGING FACILITIES:

Changing, showering and toilet facilities are available at the Recreation Hall. A baggage area will be provided to allow runners to leave clothes during the race. The organisers accept no responsibility for loss of clothing or equipment.

RACE PRIZES:

Excellent prizes will be awarded in all age categories.

RESULTS:

The full race results will be available afterwards on the Carnegie Harriers website at www.carnegie-harriers.co.uk

The Devilla Forest 15 is run under UK Athletics Rules and is a Scottish athletics permit event.

You must be at least 14 years old to take part in the Devilla Forest 5.