

**CARNEGIE HARRIERS 3 MILE TIME TRIAL**  
**5th NOVEMBER 2009**  
**RESULTS**

<u>Pos.</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>	<u>Cat.</u>
1	<b>Tommy Lawrence</b>	<b>Carnegie Harriers</b>	<b>15.37</b>	<b>M</b>
2	Barry Davie	Pitreavie AAC	16.46	M
3	Richie Cunningham	Carnegie Harriers	17.41	M40
4	Ian Johnston	Carnegie Harriers	17.43	M50
5	Niall Wilson	Carnegie Harriers	18.44	M
6	Derek Cassells	Carnegie Harriers	18.46	M
7	John Fulham	Carnegie Harriers	19.17	M
8	Robert Milton	Carnegie Harriers	19.23	M40
9	Martin Butcher	Carnegie Harriers	19.27	M
10	Tom Spry	Carnegie Harriers	19.36	M50
11	Allan Brannigan	Carnegie Harriers	19.39	M40
12	Kieran Morgan	Carnegie Harriers	20.05	M40
<b>13</b>	<b>Gail Murdoch</b>	<b>Carnegie Harriers</b>	<b>20.06</b>	<b>F40</b>
14	Grace MacKenzie	Carnegie Harriers	20.31	F
15	Gordon Rae	Carnegie Harriers	20.49	M
16	Stephen Greer	Carnegie Harriers	20.50	M50
17	David Haddow	Carnegie Harriers	21.27	M
18	Annette Bunyan	Carnegie Harriers	21.56	F35
19	Mark Gray	Carnegie Harriers	22.05	M
20	Simon Ferguson	Carnegie Harriers	23.06	M
21	Clive Cable	Carnegie Harriers	23.28	M50