

CARNEGIE HARRIERS 3 MILE TIME TRIAL
10th NOVEMBER 2005
RESULTS

Pos.	Name	Club	Time	Cat.
1	John Hargreaves	Carnegie Harriers	15.05	MJ CR
2	Andy Durham	Carnegie Harriers	16.29	M
3	Robert Milton	Carnegie Harriers	16.37	M40
4	Ian Johnston	Carnegie Harriers	17.33	M40
5	Martin Butcher	Carnegie Harriers	17.54	M
6	Mick Cowie	Carnegie Harriers	19.41	M50
7	Kevin Mitchell	Carnegie Harriers	19.46	M40
8	Stephen Greer	Carnegie Harriers	21.03	M40
9	Gail Murdoch	Carnegie Harriers	21.12	F35
10	Michelle Murphy	Carnegie Harriers	21.30	F
11	Helena Sim	Carnegie Harriers	21.37	F35
12	Catherine Wilson	Carnegie Harriers	23.16	F45
13	Diane Balfour	Carnegie Harriers	23.53	F35
14	Andrew Sim	Carnegie Harriers	24.43	M
15	Laura Stewart	Carnegie Harriers	25.08	F35
16	James Rowsome	Carnegie Harriers	25.53	M50
17	Mehmaz Campbell	Carnegie Harriers	26.12	F35
18	Gillian Naysmith	Carnegie Harriers	26.16	F
19	Tom Maley	Carnegie Harriers	27.12	M50